

THE PURPOSE OF

MARRIAGE

LIFE'S PURPOSE

- Our ultimate goal in life is to live eternally with God, in all joy and happiness
- When we talk about what we want in life it is always related to JOY & HAPPINESS
- We as humans are happiest when we are progressing/
GROWING ... GROWTH == JOY



THE ULTIMATE GROWING MACHINE : MARRIAGE

DISCLAIMER

- Personal & Spiritual Stability before Marriage, cannot be dependent on the other.
- All the points we discuss are the most effective when they are in a Godly marriage.

WHAT IS AN ORTHODOX MARRIAGE?

- Marriage is a Sacrament that is not just the union of two but a symbol of Christ and the Church's relationship.
- The goal of Marriage is Heaven!

Wives, submit yourselves to your own husbands as you do to the Lord. ²³ For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. ²⁴ Now as the church submits to Christ, so also wives should submit to their husbands in everything.

*²⁵ Husbands, love your wives, just as Christ loved the church and gave himself up for her ²⁶ to make her holy, cleansing her by the washing with water through the word, ²⁷ and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. ²⁸ In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. ²⁹ After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church—
³⁰ for we are members of his body. ³¹ “ Eph 5 : 22-31*

PERSONAL GROWTH

- Someone to support your goals and career
- Living in harmony with someone else and being able to care for someone besides yourself
- Putting someone else's interests before your own
- Someone who enjoys doing the same things as you (ex. Travel) or you learn to enjoy the things they do and vice versa (gaining perspective on other things to enjoy)
- Sacrificing things you wouldn't want to necessarily do for the other person (allows growth in expanding your comfort zone)
- Growing out of my own selfishness, letting other's desire in first

SPIRITUAL GROWTH

- Accountability & Encouragement
- Someone to share your spiritual experiences with
- Grow together in services (take on challenges together)
- Insight = gain different perspectives of personal relationships with God ... you can bounce ideas off with your partner

EMOTIONAL GROWTH

- Teaches you compassion
- Not afraid to be vulnerable with one another
- How to understand different emotions
- 5 love languages (how you receive and give love)
- In sad times, you have someone to lean on
- In happy times, you have someone to celebrate with
- How to perceive different emotions and how to deal with them

INTIMACY AND SEX

- All these points above are amplified through intimacy
- When you have physical intimacy, you are able to connect better and form stronger bonds of trust and that in turn helps you grow and be happy together
- You always hear sex leads to children but God didn't only create sexuality for procreation .. he actually gave us sex to enjoy with our spouse and to bring us closer as one
- It drives you to be more compassionate, more loving, and more fond of each other
- “So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.” Matthew 19:6

IN CONCLUSION

- “Marriage will make me happy”..This in itself is not true!
- We are not looking for someone to make us happy but someone that shares our goal for eternity and is willing to grow together
- You carry your own joy that you want to also share with your spouse.